

# How to Teach Your Children About Money

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To send a child off into the "real world" without teaching him or her how to be smart about money is to set that child up for failure. So when is the right time to begin teaching your children about money? Put a one-dollar bill in your left hand and a \$100 bill in your right hand. Then ask your child which one he or she wants. Children who are knowledgeable enough to know that the \$100 bill is the one to go for are ready to start learning about money.

Here are seven simple steps you can take to get your children started on their journey to financial success:

# 1. Explain where money comes from.

The first thing you need to explain to a young child about money is where it comes from. Many kids actually think that money comes from an ATM and that you can get more of it anytime you want. Take out a dollar bill and some other change, and explain how the US Government manufactures currency. Then explain what it represents, how you earn it by working or investing, and how you spend it to pay for your home, clothes, and food.

The older your children are, the more detailed you can (and should) be about where your money goes. If your kids are over the age of ten, don't hesitate to tell them in excruciating detail exactly what happens to your paycheck – how much goes to taxes and social security, mortgage payments, insurance, utilities, car payments, phone bills, and all other necessities of life. Most children have no idea about their family finances. Explain how money is a really good thing when it is used respectfully, how it can help you lead a better life and help others, but that it is not a measure of your worth as a human being. Be honest with your children... and be positive.

# 2. Teach them the miracle of compound interest.

Show your children what can happen to a dollar when you invest it, instead of spending it. Here's what happens if you save a dollar a day and then put it to work for you.

\$1 a day at 10% = \$1 million in 56 years \$1 a day at 15% = \$1 million in 40 years \$1 a day at 20% = \$1 million in 32 years

Note that the point here is not investment returns; rather, it is the power of compound interest. Kids and teenagers get excited by it. When you show them what compounding does, they won't react the way many adults do and look for reasons why it can't work. On the contrary, they will realize that the dollar they've been wasting on a candy bar could make them rich. Most children will want to save.

# 3. Make their weekly allowance a teaching tool.

One of the best ways to teach children about money is to give them an allowance. This does not mean simply handing over a specified amount of money with no strings attached. Your child's weekly allowance should be based upon three principles: they should earn it, they should value it, and they should use it to help others.

Nelson Rockefeller once explained how his father, the legendary John D. Rockefeller, taught him about money. As Nelson Rockefeller told it, he and his five brothers were each given 25 cents a week. "If we wanted more money we had to work for it," he said. What's more, he added, "All of us had to keep a record of where our money went. We were required to give 10 percent to charity, save 10 percent, and then account for how we spent or saved the other 80 percent." There is an amazingly powerful, yet simple lesson from one of the wealthiest families in US history. It comes down to this: to earn an allowance you have to work.

- **10 percent** of your allowance goes to charity.
- 10 percent of your allowance goes to savings.
- **80 percent** of your allowance can be spent but you have to track each expenditure.

If you've already been giving your children an allowance with no rules, be honest with them and tell them that the rules have changed – from now on, you intend to handle their allowance in a way that will teach them how to be financially responsible. They'll get it.

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Lucy earns		74,600			n earns \$1	.019.148		· · · · · · · · · · · · · · · · · · ·	·	805,185

#### 4. Teach them about retirement accounts.

The best time to open a retirement account is when your child is a teenager. As soon as your child has earned income, encourage them to open a retirement account and to begin saving for their future. You can show them this chart and explain why it's important to start saving early.

If they're interested, but don't feel like their small contributions will make that big of a difference, consider matching their investment. Tell your teenager that for every dollar they contribute to their IRA (or Roth IRA), you'll contribute a dollar.

Getting teenagers to own retirement accounts is both a smart financial strategy and a phenomenal teaching tool. By doing it, you accomplish two things. You teach your children about saving at a young age and you get them in the habit of "paying themselves first".

# 5. Teach them to use credit cards responsibly.

Credit card companies aren't stupid. They know that if they can get their cards into your children's hands, they will use them often, while making only minimum monthly payments. Thus, they will stay in debt and pay expensive finance charges for years, if not decades.

Sooner or later, your children are going to get a credit card and they are going to use it. Just how they use the card will depend largely on how they were raised. Many children are never told anything more about credit cards than, "It's important to pay your cards on time." Unless you show your children the bills and explain to them the stress that credit card debt can cause, they will not realize the implications of their purchasing decisions.

Explain to your children what happens if you run up a credit card balance and don't pay it off. Explain how brutal it is to have to continue paying 18 percent interest on purchases that have long since lost their shine. Share with them how if they don't pay their cards on time each and every month, they can literally damage their credit so badly that even years later they won't be able to get a mortgage to buy a house. All it takes is one little credit card with a \$500 balance you forgot to pay off. In addition to emphasizing the importance of paying off their balances, help them understand that multiple credit cards are a disaster waiting to happen. All they really need is one card for use in case of emergencies. They should not have more than two.

# 6. Teach them to go for their dreams.

Although this step has very little to do with money, it has a lot to do with life. One of the greatest gifts we can give the children in our lives is the feeling that they are unique. We need to literally douse our children with love to keep reinforcing the feeling that they are special.

When children are really young, they have no fear. They don't worry about not knowing how to do something, they just storm right ahead and try it anyway. One of the biggest mistakes we make with our kids is inadvertently teaching them not to try because they may fail. If anything we should reward failure rather than discourage it. If a child fails when trying something new, they will learn faster.

You can be a cheerleader for your children and still enforce discipline. Urge your child to try new things and always "go for it." Encourage them to take risks and think outside the box. Due to the structure of our educational system, they probably won't get these messages at school. The people who get ahead in life are the ones who know how to communicate, how to think outside the box and persuade others to do the same. We need to raise our children to think bigger and more creatively than we ourselves did. We need to be their cheerleader, and let them know it is okay to fail, as long as they've given it their all.

# 7. Use the internet to teach your kids about money.

<u>www.msgen.com</u> This website offers hands-on products (such as segmented piggy banks and an organizer designed for teens) to help parents teach their children the "how-to" of good money management. This is a great site for hands-on learners.

www.JumpStart.org The Jump Start Coalition is a non-profit organization dedicated to promoting financial literacy.

<u>www.KidsAndMoney.com</u> This website guides children (and their parents) through the financial milestones: allowance, saving, banking, investing, budgeting, credit cards, first jobs and getting to and through college.

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